Coláiste na Dea-Chomhairle
GOOD COUNSEL COLLEGE
An Augustinian School

AMS ADVANCED MEDICAL SERVICES

Dear Parent/Guardian,

I am writing to inform you that Advanced Medical Services (AMS) will be returning to the school in November to perform a comprehensive, doctor led, Cardiac Screening Service.

AMS is Ireland's leading mobile Cardiac Screening company. We perform cardiac screening in schools & sports clubs nationwide, ultimately aimed at reducing the incidents of Sudden Adult Death Syndrome (SADS). Approx 2 young people (under 35) die each week in Ireland from SADS. Research has shown that cardiac screening can significantly reduce the incidents of SADS. Please see below for further information on cardiac screening.

CARDIAC SCREENING

is ultimately aimed at reducing the incidents of Sudden Adult Death Syndrome (SADS) in Ireland. International best practice recommends cardiac screening every 2 years for people involved in competitive sport. Please see overleaf further information about this service.

FEE

The fee for Cardiac Screening is at a discounted rate of €72.00pp. People with Laya Health insurance can avail of this service for free (current individual membership number must be presented). People with other private health insurance may be able to claim a portion of the fee back.

* SEE OVERLEAF FOR **HOW TO BOOK AN APPOINTMENT**

DEADLINE FOR BOOKING

Monday 24th October 2022

Places are limited so book early to avoid disappointment

Alan Byrne

Dr. Alan Byrne
AMS Medical Director
Consultant in Sports and Exercise Medicine
MB BAO BCh MRCPI MSc (Sports medicine) FFSEM

CARDIAC SCREENING

The screening includes:

- A personal & family history questionnaire
- Physical examination with a Medical Doctor
- 12 Lead Electrocardiogram (ECG)
- The Medical data & ECG are assessed and reported on by a Consultant Cardiologist

WHY CARDIAC SCREENING?

- Up to 100 young people die each year in Ireland from Sudden Adult Death Syndrome (SADS)
- 1 in 300 people may have a cardiac abnormality.
- The national register recently reported that the incidents of SADS are higher in Ireland than many other European countries.
- In Italy cardiac screening is mandatory for those involved in competitive sport for the past 25 years. They have reduced the incidents of SADS by 89%.
- The European Society of Cardiology & the international Olympic Committee recommend cardiac screening every 2 years for people involved in competitive sport.
- The GAA's Medical Scientific and Welfare Committee recommend cardiac screening for all players 14 years and older. World Rugby recommends cardiac screening for Rugby players under age 20. Repeat screening is ideal every 2 years for athletes under 20 years of age.
- AMS's heart screening service is based on the recommendations of the above-named organisations.

HOW TO BOOK IN FOR THIS SERVICE:

1. Go to www.ameds.ie
2. Click on Online booking
3. Enter clinic code: **counsel**

or follow; **https://bookings.ameds.ie/booking/from-code?code=counsel**

4. Complete registration

The appointment time you receive will be provisional.
The actual time & date will be confirmed in due course.

For general enquiries please contact
Séamus Tobin on 086 040 1301

CALL **0818 333 120** OR
SCREENING@AMEDS.IE FOR
MORE INFORMATION