

Public Sports & Fitness Facilities

Facilities

Good Counsel College opened its sports facilities to the public in Sept 2003. Renovated as recently as 2008, the sports hall has a new multi-sports surface and is equipped to cater for indoor soccer, basketball, badminton, circuit training and other indoor activities. One of the most popular and progressive features of the sports centre is the fully-equipped weight training room which was also upgraded in 2008, and is open for Gym membership. With a wide range of cardiovascular equipment, the weight training room is ideal for a complete body workout, toning, strength and flexibility, and is suitable for both men and women. The centre also has a glass backed racquetball court. Our 4 fully floodlit Astroturf pitches were opened in 2008 and are also available to the public. Our full range of sports facilities that are available to the public include;

- Multi-sport indoor Hall
- Fully equipped Gymnasium (Membership available)
- 4 Fully floodlit Astroturf pitches
- Glass backed racquetball/handball court
- Two tennis courts
- GAA pitches
- Soccer pitch
- Accommodation (50)
- Restaurant(150)

Fees and Opening Hours

Gym Training Fees

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1 Year	(Weights Room)	€200
6 Months	(Weights Room)	€130
3 Months	(Weights Room)	€70
Guest Session	(Weights Room)	€7

Sports Hall / Astroturf / Handball / R. Ball /Tennis Court Fees

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Sports Hall (1 Hour)	€40
Astroturf (1 Hour)	€50
Handball / R. Ball court (1 Hour) (Members only)	€10
Tennis Court (1 Hour)	€10

Opening Hours (Sept – June)

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Monday – Friday	6.00pm – 10.00pm
Saturday	10.30am – 1.00pm

Opening Hours (June / July / August)

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Monday + Wednesday + Friday	6.00pm – 9.00pm
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