

# **Booklists 2015/2016**

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## **Booklists 2015\_2016**

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## **1st Year History Tour**

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Friday 8<sup>th</sup> of May,

For our first year history tour we wandered off to the Irish Heritage Park, Ferrycarrig, Co. Wexford. One hundred and thirty students travelled from first year only!

Our tour guides name was Karina. Karina showed us around the park. The first major site we saw was the Tepee. The best site

we saw was the Crannog that was in the middle of the lake. Early Christians used Dolmens and passage tombs for burying people. The most astonishing site we saw was the Viking boat, which was used to transport goods. It was on the shore of the giant lake.

We wondered off to leisure max when the tour ended. We had a blast. We played games like zorbing soccer, rock climbing, zip lining, bowling and pool soccer. It was great fun. We then hopped onto our busses and headed home. We had a great day.

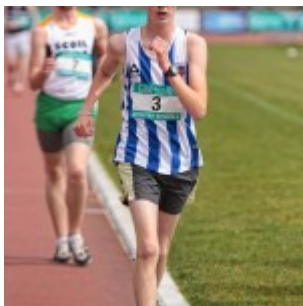
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**South Leinster Schools**  
**Athletics**

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***SCHOOLS ATHLETICS SUCCESS***

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Joe Mooney on his way to Gold



Oisin Griffin Good Counsel College winning the boys Junior 2,000 m race

Good Counsel had a very successful outing in the South Leinster Schools Athletics in Scanlon Park, Kilkenny on Tuesday 29<sup>th</sup> of April. The 1<sup>st</sup> year 4×100 metres relay was the first event for the lads with **Sam Sutton, Killian Griffin, Rory O'Connor, and Jack Elliot** making up the team. They qualified for the final with a comfortable victory in the heat and put in an even better performance to win gold in the final and progress to the Leinster Finals.

The 200 meters was the next event on the card and the school had 2 students running in the heats, both making their debut at this distance. Both put in good performances with **Conor Cassidy** (2<sup>nd</sup> year) coming in 4<sup>th</sup> and **Liam Doocey** (1<sup>st</sup> Year) coming in 5<sup>th</sup> in their respective heats.

The next event saw **Joe Mooney** representing the school in the 3km senior walk. He won gold in convincing style, breaking the South Leinster Schools record by 20 seconds and progresses to the Leinster Finals.

In the 500 meters **Sam Sutton** (1<sup>st</sup> year) was making the step up to a longer distance and was making his debut in this event. He ran very well and finished an excellent 5<sup>th</sup> place.

**Killian Griffin** (1<sup>st</sup> year), **Kevin Wallace**, **Mike Chapman**, and **Aaron Brown** all ran in the 800 metres. In the u-14 race Killian finished 3<sup>rd</sup> and qualified for the Leinster finals. Kevin ran a very good race in his first competitive athletics outing and finished in the top half of the race. Mike and Aaron acquitted themselves very well in the u-15 race with Aaron finishing an excellent 5<sup>th</sup> place.

**Jack Elliot** (1<sup>st</sup> Year) and **Cian Flanagan** (1<sup>st</sup> Year) were both competing in the 100 metres. Cian finished 4<sup>th</sup> in his heat but ran very well. Despite losing his shoe, Jack won his heat well and progressed to the final. In the final Jack once again turned on the afterburners and romped home, taking Gold as well as progressing to the Leinster finals.

Next up was the 75 metres hurdles where **Rory O'Connor** (1<sup>st</sup> Year) ran two very good races to take a silver medal and progress to the Leinster Finals.

The final races of the day were the 1100 and 1500 metres.

Running in the 1100 metres were **Luke Byrne** (1<sup>st</sup> Year) and **Raymond Roche** (1<sup>st</sup> Year). Both ran excellent races with Luke just missing out on a medal, finishing in 4<sup>th</sup>. In the 1500 metres **Oisin Griffin** (2<sup>nd</sup> Year) and **Eoin Ryan** (2<sup>nd</sup> Year) took to the line. Both ran well, with Oisin finishing 4<sup>th</sup>.

It was an excellent day out for the school and well done to all the athletes who competed. Best of luck to those progressing to Leinster Finals.

Our Intermediate and Senior Athletes also competed successfully on May 6<sup>th</sup> in Scanlon Park at the South Leinster Track & Field finals. Best results on the day were second place in the Senior relay final (**Paul Manning, Gary Murphy, Adam Mansfield, Jack Burford**), First in Intermediate High Jump (**Ryan Carthy Walsh**) and first in Intermediate Pole Vault (**Shane Power**).

Our Minor and Junior athletes travelled to the Leinster finals in Santry on Wednesday 13<sup>th</sup> May with results of note as following...**Jack Elliott** 5<sup>th</sup> in Minor sprint, **Killian Griffin** 8<sup>th</sup> in 1500m, **Rory O' Connor** 6<sup>th</sup> in 80m hurdles. Our minor relay team came sixth in the final. A huge note of thanks goes to Mrs Annette Quegan who mentored the boys on the day.

Next was the intermediate and Senior Leinster Finals in Santry last Saturday 16<sup>th</sup> May. Huge congrats go to **Ryan Carthy Walsh** who was only 1cm off the National record in the Intermediate High Jump and while jumping 2.03m, successfully made qualification for the European youth athletics finals. This was followed up with **Joe Mooney's** remarkable success in the Senior 3000m walk, running away with it...to pardon the pun!

Again thanks to all parents who accompanied their sons on the day. A great year so far but fingers crossed and best of luck

to all boys in the National finals.

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## GCC Got Talent – May 12th @ 7pm



# Ferns Diocesan Pilgrimage to Lourdes

Best wishes and congratulations to John Roche and Paul Manning who will represent GCC on this years Ferns Diocesan Pilgrimage to Lourdes which takes place from 17th to 22nd May.

<http://www.ferns.ie/wp-content/uploads/2015/01/Lourdes-Letter.pdf>





# Stand Up Week!



As part of our focus on Positive Mental Health we encourage all pupils, staff and those linked to our school community to Stand Up against homophobic and transphobic bullying. Please show support for friends and family who are lesbian, gay, bisexual, transgender (LGBT).

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## Useful Links

<http://www.belongto.org/campaign.aspx>

<http://www.jmb.ie/299-uncategorised/2946-stand-up-awareness-week-2015>

<http://eile.ie/2015/04/22/minister-for-education-launches-stand-up-week-against-homophobic-bullying%E2%80%8F/>

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