

E-cigarettes

Advice regarding the use of e-cigarettes.

[Click here to download the fact sheet](#)

It has been stated that e-cigarettes are “healthier” than traditional tobacco products. It has never been claimed or evidence produced to say that they are “healthy”. Hence they still have health implications for those who use them.

Are you informed? Is your son informed?

THE RISKS AND DANGERS ASSOCIATED WITH E-CIGARETTES

Information for Parents & Students

We have noticed an increase in the number of boys using e-cigarettes. When the issue is addressed with them it is evident:

1. Many of these boys would never consider smoking tobacco based product. Because of the sweet like flavourings/lack of smoky smell students are not concerned by the use e-cigarettes.
2. The majority of the boys are not aware of the potential health risks attached to the use of e-cigarettes.

Almost 88% of young people think they would not try an e-cigarette if it did not have any flavour like candy or fruit.

What does an e-cigarette look like?



Reasons to be concerned about e-cigarettes.

- They produce more than just water vapour where second-hand aerosol contain nicotine, ultrafine particles, heavy metal, diacetyl and other cancer causing agents. [“Popcorn Lung Video”](#)
- Nicotine is poisonous in concentrates of 30mg and over to children. The candy/fruit flavours in refills mask the danger associated with nicotine.
- The concentrate of nicotine in unregulated refills can vary.
- E-cigarettes are a gateway to tobacco smoking for some young people.
- E-cigarettes products can be used as a delivery system for marijuana and other illicit drugs.

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Press ctrl + Click on the [Fact Sheet from the US Public Health Service](#)^[1]

[1]

https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf

1st Year

Thank you to all of those parents who attended last nights 1st Year Information night. Topics included were:

1. Transition from Primary to Post Primary (Ms Jane Byrne, Guidance Counsellor)
2. [Junior Cycle Information](#) (Mr PJ Walsh & Mr Mark O'Brien) Click to download slideshow.
3. Yearhead information (Mr Gay Calvey)
4. Homework, Study and organisation (Mr Aidan O'Brien)

Arrangements for distribution of –

Best of luck to each of the 150 young men collecting their results on Wednesday September 13th. In order to minimise disruption to the 680 students not collecting results the following arrangements have been put in place.

1. If your son is currently in 5th Year having completed Transition Year last year classes will continue as normal on Wednesday September 13th.
2. If your son is in Transition Year this year he has no classes on Wednesday September 13th. He can collect his results in the College at 11am and you should then bring him home.
3. If your son is currently in 5th year having completed his Junior Certificate last year he will have classes as

normal on Wednesday September 13th until 11 am at which point results will be distributed. He can then, if he has your written permission, be brought home.

We restate our view that the best place for our young men to celebrate their results in a measured and responsible way is with their families who have supported them throughout these exams.

We expect full attendance in all year groups including Transition Year and Fifth Year on Thursday September 14th.

Good luck to everyone!

Articles with advice for students and parents:

[Brian Mooney, Irish Times, Monday August 14th – Waiting almost over for Leaving Cert Students.](#)

[Careers Portal – What next?](#)

[Exam Helpline](#)

Click on the picture below for a sample case study.



Watch out for the logo below on the school's homepage.



REGISTRATION AUGUST 2017

Dates and Times: Thursday 10th, Friday 11th, Monday 14th, Tuesday 15th August.
9:00am - 10:30am and 11:15am - 1:00pm

To ensure Parents / Guardians are not delayed unnecessarily we set out hereunder times and surnames for Thursday, Friday, Monday and Tuesday. Please note there will be no Registration on Wednesday 16th August to facilitate Leaving Certificate results.

Day	Time	Surname	Day	Time	Surname
Thursday	9:00-10:30	Abartis to Cody	Thursday	11:15-13:00	Cogley to Dunleavy
Friday	9:00-10:30	Dunne to Hogan	Friday	11:15-13:00	Holden to Martin
Monday	9:00-10:30	McAuliffe to Mylett	Monday	11:15-13:00	Nash to Purcell
Tuesday	9:00-10:30	Quinn to Swan	Tuesday	11:15-13:00	Teague to Zalimas

On these days you must register your son for the 2017 / 2018 academic year. Failure to do so may result in your son not being on the roll when we commence classes at the end of August. Your son's timetable, calendar and the school homework journal will be handed out. In registering your son you are also agreeing to support the school in the implementation of its policies and in particular the Code of Discipline. This is also an ideal opportunity to pay any monies to the school as outlined below:

Administration Fee

(1st years have already paid this fee)

Insurance, Test Papers, Circular Letters, Phone calls, Reports,
Exam Booklets etc. €50.00

Homework Journal

€10.00

Mock Examinations (3rd & 6th Year)

€30.00

Family School Support Contribution

(This is sometimes paid in 3 instalments)

€100.00

P. E. Expenses

€20.00

Photocopying

For all subjects - (no money collected by teachers for copying)

€20.00